

# MAY | 2023



## Pleasant Elementary School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> WHOLE GRAIN MINI CORN DOGS BAKED BEANS VANILLA YOGURT PARFAIT WITH STRAWBERRIES JUICE CUP MILK	<b>2</b> WHOLE GRAIN CHICKEN PATTY ON A WHOLE GRAIN BUN LETTUCE & CHEESE GREEN BEANS DICED PEACHES MILK	<b>3</b> WHOLE GRAIN PANCAKES SYRUP CUP SAUSAGE PATTY EGG PATTY TATER TOTS ORANGE JUICE CUP MILK	<b>4</b> WHOLE GRAIN MACARONI & CHEESE YOGURT CUP FRESH CARROTS RANCH DIP APPLESUCE MILK	<b>5</b> WHOLE GRAIN PEPPERONI PIZZA DARK GREEN SALAD SALAD DRESSING FRESH GRAPES MILK
<b>8</b> MEATBALLS IN MARINARA SAUCE, ON A WHOLE GRAIN BUN. STEAMED BROCCOLI PINEAPPLE TIDBITS WITH WHIP TOPPING MILK	<b>9</b> WHOLE GRAIN CHICKEN NUGGETS FRENCH FRIES SLICED APPLES CARAMEL DIP MILK	<b>10</b> CHEESE FILLED BOSCO STICKS MARINARA DIPPING SAUCE SIDE SALAD SALAD DRESSING DICED PEARS IN JELLO MILK	<b>11</b> TURKEY BACON, LETTUCECHEESE & TOMATO ON A WHOLE GRAIN TORTILLA WRAP. SWEET POTATO FRIES JUICE CUP MILK	<b>12</b> WHOLE GRAIN CHEESE PIZZA BEAN DIP WHOLE GRAIN TORTILLA CHIPS TROPICAL FRUIT MIX MILK
<b>15</b> HAMBURGER PATTY ON A WHOLE GRAIN BUN CHEESE & PICKLE COWBOY BEANS APPLESAUCE CUP MILK	<b>16</b> WHOLE GRAIN SPAGHETTI NOODLES WITH MEAT SAUCE DARK GREEN SALAD MIX SALAD DRESSING MIXED FRUIT MILK	<b>17</b> WHOLE GRAIN FRENCH TOAST STICKS CHEESE OMELET POTATO WEDGES FRESH ORANGE SLICES MILK	<b>18</b> GRILLED CHEESE ON WHOLE GRAIN BREAD SLICES TOMATO SOUP YOGURT CUP CELERY STICKS JUICE CUP MILK	<b>19</b> WHOLE GRAIN PEPPERONI PIZZA FRESH CARROTS RANCH DIP WHOLE GRAIN DICK & JANE COOKIES BANANA MILK
<b>22</b> SLOPPY JOE MEAT ON A WHOLE GRAIN BUN SWEET POTATO FRIES 100 % FROZEN JUICE SIDEKICK MILK	<b>23</b> SALISBURY STEAK MASHED POTATOES WHOLE GRAIN DINNER ROLL STRAWBERRIES MILK	<b>24</b> HOT DOG ON A WHOLE GRAIN BUN PASTA SALAD 100% VEGETABLE DRAGON JUICE WATERMELON MILK	<b>25</b> COOKS CHOICE	<b>26</b> COOKS CHOICE
<b>29</b> NO SCHOOL	<b>30</b> COOKS CHOICE	<b>31</b> COOKS CHOICE	FIELD DAY SERVING SACK LUNCH: HAM & CHEESE ON WHOLE GRAIN BREAD FRESH CARROTS RANCH DIP WHOLE GRAIN CHEEZITS JUICE CUP/MILK	<b>2</b> COOKS CHOICE

### **BREAKFAST!**

**Monday- whole grain frudel, fruit cup, juice cup, milk.**  
**Tuesday-whole grain poptart, string cheese, orange, milk**  
**Wednesday- whole grain waffles, applesauce cup, juice cup, milk**  
**Thursday- whole grain cinnamon roll, juice cup, fruit cup, milk**  
**Friday-whole grain donut, apple, milk.**

**Menu subject to change.**  
**All menu items may contain nuts.**  
**Please pay all outstanding lunch accounts.**

**Lori Kramp**  
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