

Monday

Tuesday

Wednesday

Thursday

Friday



6
HOT DOG ON A WHOLE GRAIN BUN
HOT DOG CHILI SAUCE OPTIONAL
BLACK BEAN CUPCAKE
FRESH CARROTS
RANCH DIP OPTIONAL
JUICE CUP MILK

7
WHOLE GRAIN FRENCH TOAST SICKS
SAUSAGE PATTY
EGG PATTY
TATER TOTS
FRESH ORANGE SLICES
MILK

8
HAMBURGER PATTY ON A WHOLE GRAIN BUN
CHEESE & PICKLE OPTIONAL
DARK GREEN SALAD
DRESSING OPTIONAL
WHOLE GRAIN PUMPKIN BAR
PEARS
MILK

9
WHOLE GRAIN TORTILLA QUIRKY QUESADILLA
SWEET POTATO FRIES
STRAWBERRY CUP
MILK

10
WHOLE GRAIN PEPPERONI PIZZA
FRESH CAULIFLOWER & CUCUMBERS
RANCH DIP OPTIONAL
FRESH GRAPES
MILK

13
WHOLE GRAIN BOSCO STICKS
MARINARA SAUCE OPTIONAL
FRESH PASTA SALAD
MIXED FRUIT
JELLO
MILK

14
WHOLE GRAIN CHICKEN NUGGETS
FRENCH FRIES
100% FROZEN JUICE SIDEKICK
MILK

15
WHOLE GRAIN MINI CORN DOGS
BEAN DIP
WHOLE GRAIN TORTILLA CHIPS
FRESH APPLE SLICES
MILK

16
WHOLE GRAIN SPAGHETTI PASTA WITH MEAT SAUCE
SIDE SALAD
DRESSING OPTIONAL
WHOLE GRAIN BREAD STICK
JUICE CUP
MILK

17
(MAKE YOUR OWN PIZZA)
WHOLE GRAIN FLAT BREAD
PIZZA SAUCE
PEPPERONI
MOZZARELLA CHEESE
BROCCOLI SALAD
BANANA
MILK

20
HOT TURKEY SLICES
MASHED POTATOES
GRAVY OPTIONAL
CORN
WHOLE GRAIN BANANA BREAD
JUICE CUP
MILK

21
WHOLE GRAIN CHEESE PIZZA
SWEET POTATO FRIES
FRESH GRAPES & ORANGE SLICES
MILK

22
NO SCHOOL

23
NO SCHOOL

24
NO SCHOOL

27
TOASTED CHEESE ON WHOLE GRAIN BREAD
TOMATO SOUP
STRING CHEESE
FRESH CARROTS
RANCH DIP OPTIONAL
SORBET CUP
MILK

28
WHOLE GRAIN PANCAKES
SYRUP CUP
EGG & CHEESE OMELET
HASHBROWN
JUICE CUP
MILK

29
WALKING TACO
TACO MEAT, LETTUCE, CHEESE,
TACO SAUCE OPTIONAL
WHOLE GRAIN DORITOS
REFRIED BEANS
PINEAPPLE
MILK

30
WHOLE GRAIN BREADED FISH SHAPES
SIDE SALAD
DRESSING OPTIONAL
WHOLE GRAIN COOKIE
FRESH APPLE SLICES
MILK



Menu items may contain nuts.
Menu subject to change.
This institution is an equal opportunity provider.

Free/Reduced lunch application available online (pleasantlocalschools.org), school office.
Email lori.kramp@pleasantstaff.org or call 740-389-4476 or 740-361-9276 with any concerns.
Or questions.