

Monday

Tuesday

Wednesday

Thursday

Friday

1
WHOLE GRAIN
CHICKEN NUGGETS
CALIFORNIA BLEND
WHOLE GRAIN CHEEZITS
100% JUICE SORBET CUP
MILK

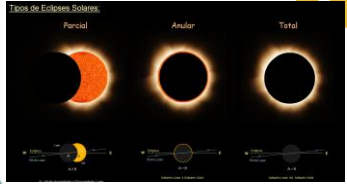
2
WHOLE GRAIN PANCAKES
SUGAR FREE SYRUP CUP
SWEET POTATO PUFFS
CHEESE OMELETS
JUICE CUP
MILK

3
CHICKEN & NOODLES
MASHED POTATOES
COOKED CARROTS
WHOLE GRAIN DINNER ROLL
STRAWBERRY CUP
MILK]

4
SPICY NACHOS
NACHO MEAT, CHEESE,
LETTUCE, SOUR CREAM & TACO
SACUE OPTIONAL
WHOLE GRAIN TORTILLA CHIPS
REFRIED BEANS
MIXED FRUIT
MILK

5
WHOLE GRAIN CALZONE
FRESH BROCCOLI
RANCH DIP OPTIONAL
WHOLE GRAIN COOKIE
BANANA
MILK

6
NO SCHOOL SOLAR ECLIPSE



9
WHOLE GRAIN BISCUITS
SAUSAGE & GRAVY
SCRAMBLED EGGS
HASHBROWNS
ORANGE JUICE CUP
MILK

10
CHICKEN FAJITA
ON A WHOLE GRAIN TORTILLA
LAYERED BEAN DIP
WHOLE GRAIN TORTILLA CHIPS
FRESH GRAPES
MILK

11
GRILLED CHEESE
ON WHOLE GRAIN BREAD SLICES
TOMATO SOUP
FRESH CARROTS
RANCH DIP OPTIONAL
YOGURT CUP
DICED PEARS
MILK

12
WHOLE GRAIN BUFFALO
PIZZA RIPPER
SIDE SALAD
SALAD DRESSING OPTIONAL
BAKED APPLES
MILK

15
HOT DOG ON A WHOLE GRAIN BUN
CONEY SAUCE
BAKED BEANS
WHOLE GRAIN FRITOS
GRAPES
MILK

16
CHICKEN BOWL
MASHED POTATOES, WHOLE GRAIN
POPCORN CHICKEN, CORN, GRAVY &
CHEESE OPTIONAL
WHOLE GRAIN DINNER ROLL
APPLESAUCE
MILK

17
WHOLE GRAIN PASTA
WITH MEAT SAUCE
DARK GREEN SALAD
SALAD DRESSING OPTIONAL
WHOLE GRAIN BREAD STICK
PEACHES
MILK

18
B.B.Q. RIB
ON A WHOLE GRAIN BUN
SWEET POTATO FRIES
WHOLE GRAIN ICED GRAHAM
100% FROZEN JUICE SORBET
MILK

19
WHOLE GRAIN
CHICKEN STRIPS
FRESH VEGETABLES
RANCH DIP OPTIONAL
PEACHY KEEN CINNAMON
ROLL COBBLER
MILK

22
CHICKEN STIR FRY
OVER WHOLE GRAIN PASTA
STEAMED BROCCOLI
WHOLE GRAIN MUFFIN
PEARS
MILK

23
WHOLE GRAIN
FRENCH TOAST STICKS
SUGAR FREE SYRUP CUP
EGG PATTY
SAUSAGE PATTY
HASHBROWNS
ORANGE SLICES
MILK

24
TACO SALAD
TACO MEAT, CHEESE, LETTUCE,
SOUR CREAM & TACO SAUCE
OPTIONAL
REFRIED BEANS
WHOLE GRAIN TORTILLA CHIPS
PINEAPPLE
MILK

25
WHOLE GRAIN MACARONI
& CHEESE
LITTLE SMOKIES
GREEN BEANS
WHOLE GRAIN ICED GRAHAM
CRACKER
JUICE CUP
MILK

26
PULLED PORK
ON A WHOLE GRAIN BUN
B.B.Q. SAUCE OPTIONAL
FRESH BABY CARROTS
RANCH DIP OPTIONAL
BAKED APPLES
MILK

29
WHOLE GRAIN
MINI CORN DOGS
WHOLE GRAIN ONION RINGS
FRESH CELERY STICKS
RANCH DIP OPTIONAL
WHOLE GRAIN FRUIT PIZZA
JUICE CUP
MILK

30
WHOLE GRAIN
CHICKEN PARMESAN
OVER WHOLE GRAIN PASTA
SIDE SALAD
SALAD DRESSING OPTIONAL
WHOLE GRAIN DINNER ROLL
DICED PEARS
MILK



MENU SUBJECT TO CHANGE.

LUNCH PRICE \$3.00

PLEASE KEEP LUNCH ACCOUNTS UP TO DATE.

MY SCHOOL BUCKS PAY FOR MEALS ONLINE
MySchoolBucks.com

ALL MENU ITEMS MAY CONTAIN NUTS

NO CHARGE FOR REDUCED & FREE MEALS.