



MENU SUBJECT TO CHANGE

APRIL 2025

PLEASANT SECONDARY SCHOOL LUNCH MENU

BREAKFAST OFFERED DAILY WITH A VARIETY OF
ITEMS TO CHOOSE FROM.
BREAKFAST PRICE: \$1.50
STUDENTS THAT QUALIFY FOR A FREE/REDUCED
BREAKFAST IS SERVED AT NO CHARGE

Monday

Tuesday

Wednesday

Thursday

Friday

1
WHOLE GRAIN PIZZA RIPPER
CUCUMBER SALAD
WHOLE GRAIN FRITOS
JUICE CUP
DICED PEARS
MILK

2
TACO SALAD
TACO MEAT, LETTUCE, CHEESE,
TACO SAUCE & SOUR CREAM
OPTIONAL
BLACK BEAN CORN SALSA
PINEAPPLE
MILK

3
WHOLE GRAIN
SAUSAGE PANCAKE ON A STICK
SHREDDED HASH BROWN
CHEESE CASSEROLE
BAKED APPLES
MILK

4
B.B.Q. RIB
ON A WHOLE GRAIN SUB BUN
FRENCH FRIES
GRAPES
MILK

7
WHOLE GRAIN POPCORN
CHICKEN BOWL
MASHED POTATOES, CORN,
GRAVY CHEESE OPTIONAL
WHOLE GRAIN ROLL
FRUIT CUP
MILK

8
TOASTED CHEESE
ON WHOLE GRAIN BREAD SLICES
TOMATO SOUP
CELERY STICKS/ PEANUT BUTTER
CUP
PEACH YOGURT PARFAIT
MILK

9
WHOLE GRAIN
CHICKEN PARMESAN
SIDE SALAD
DRESSING OPTIONAL
FRESH BROCCOLI & CAULIFLOWER
RANCH DIP OPTIONAL
MIXED FRUIT
MILK

10
WHOLE GRAIN
MINI PANCAKES
SYRUP CUP
EGG & SAUSAGE PATTY
HASH BROWN ROUNDS
FRESH ORANGE SLICES
MILK

11
WHOLE GRAIN
MINI CORN DOGS
BABY CARROTS
RANCH DIP OPTIONAL
WHOLE GRAIN COOKIE
APPLESAUCE
MILK

14
WHOLE GRAIN CHICKEN NUGGETS
WHOLE GRAIN MACARONI & CHEESE
MIXED VEGETABLES
DICED PEARS
MILK

15
WHOLE GRAIN
CHICKEN QUESADILLA
TACO SAUCE, LETTUCE & SOUR
CREAM
OPTIONAL
REFRIED BEANS
APPLE SLICES
MILK

16
WHOLE GRAIN SPAGHETTI
WITH MEAT SAUCE
DARK GREEN SALAD
DRESSING OPTIONAL
WHOLE GRAIN BREAD STICK
DICED PEACHES
MILK

17
CHICKEN FAJITA
WITH CHEESE & PEPPERS
SPINACH & ROMAINE SALAD
DRESSING OPTIONAL
WATERMELON
WHOLE GRAIN ICED GRAHAM
MILK

18
NO SCHOOL
GOOD FRIDAY

21
WHOLE GRAIN
MACARONI & CHEESE
MEATBALLS
PEAS & CARROTS
STRAWBERRIES
MILK

22
HOT TURKEY & HAM
CHEESE & LETTUCE
ON A WHOLE GRAIN SUB BUN
BAKED BEANS
FRESH GRAPES
MILK

23
CHICKEN STIR FRY
OVER WHOLE GRAIN RICE
ORIENTAL VEGETABLES
WHOLE GRAIN DINNER ROLL
PINEAPPLE
MILK

24
SLOPPY JO
ON A WHOLE GRAIN BUN
POTATO WEDGES
DICED PEACHES
WHOLE GRAIN COOKIE
MILK

25
WHOLE GRAIN
CHICKEN ALFREDO
STEAMED BROCCOLI
WHOLE GRAIN BREAD STICK
JUICE CUP
MILK

28
WHOLE GRAIN
CHICKEN STRIPS
CHEESY BEAN DIP
WHOLE GRAIN TORTILLA CHIPS
MIXED FRUIT
MILK

29
WHOLE GRAIN PASTA
MEAT SAUCE
SALAD WITH CARROTS, CELERY
& SHREDDED CHEDDAR CHEESE
DRESSING OPTIONAL
WHOLE GRAIN GARLIC BREAD
DICED PEARS
MILK

30
WHOLE GRAIN
FRENCH TOAST
SYRUP CUP
EGG & CHEESE OMELET
TATER TOTS
FRESH ORANGE SLICES
MILK

The following major allergens are used as ingredients: milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy and sesame.
Please notify a food employee for more information about these ingredients.



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