



MENU SUBJECT TO CHANGE

MAY 2025

PLEASANT SECONDARY LUNCH MENU

BREAKFAST SERVED DAILY
BREAKFAST PRICE \$1.50
NO CHARGE FOR FREE/REDUCED MEALS

Monday

Tuesday

Wednesday

Thursday

Friday

Sausage Pancake **5**
On a stick
Cheese Egg Omelet
Sweet Potato Puffs
Fresh Tangelo
Milk

Taco Salad **6**
Whole grain tortilla chips
Taco meat, cheese, lettuce, taco
sauce & sour cream optional.
Refried Beans
Applesauce
Whole Grain Iced Graham/ Milk

Whole Grain **7**
Cheese filled Bosco Sticks
Fresh Veggie Salad
Frozen Yogurt Fruit Bark
Mixed Fruit
Milk

Whole Grain **1**
Popcorn Chicken Tortilla Wrap
Broccoli & Cheese
Diced Pears
Whole Grain Cookie
Milk

Toasted Cheese **2**
On Whole Grain Bread Slices
Tomato Soup
Celery / Peanut Butter Cup
Diced Peaches
Milk

Meatballs in Marinara Sauce on
a Whole Grain Sub Bun **12**
Mozzarella Cheese Optional
Sweet Potato Fries
Juice Cup
Diced Pears
Milk

Hot Ham & Cheese **13**
On a Whole Grain Tortilla
Corn Bean Salasa
Whole Grain Fritos
Fresh Apple Slices
Milk

Sausage Gravy Breakfast Bowl **14**
Gravy, Sausage, Cheese
Whole Grain Biscuit
Egg Patty
Fresh Orange Slices
Milk

Salisbury Steak **8**
Whole Grain Dinner Roll
Mashed Potatoes / Green Beans
Gravy Optional
Peaches
Milk

Whole Grain Chicken **9**
Nuggets
Whole Grain Breadstick
Dark Green Salad
Dressing Optional
Fresh Grapes
Milk

Whole Grain Spaghetti **15**
With Meat Sauce
Garlic Breadstick
Fresh Broccoli & Spinach Salad
Dressing Optional
1000% Frozen Juice Sidekick
Milk

Whole Grain **16**
Quesadilla
& Sour Cream Optional
Refried Lettuce, Cheese, Taco
Sauce Beans
Whole Grain Cooke
Pineapple/Milk

Chipotle Bowl **19**
Whole Grain Tortilla Chips
Fajita Chicken, Pinto & Black
Beans, Lettuce, Cheese, Sour
Cream, Taco Sauce Optional
Juice Cup
Strawberries/Milk

Whole Grain **20**
French Toast
Syrup Cup
Egg & Sausage Patty
Hashbrowns
Fresh Fruit
Milk

Cooks Choice **21**



Cooks Choice **22**

23

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The following major allergens are used as ingredients, milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy and sesame.
Please notify a food service employee for more information about these ingredients,

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



PAY FOR MEALS ONLINE

MySchoolBucks.com